

breaktimes



Your Refreshing Source for Breakroom News & Tips

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ARAMARK—Your Partner in Building a Sustainable Workplace

With Green Thread™, ARAMARK's environmentally sensitive breakroom initiative, we are helping our clients do their part for the planet. Every day, in ways large and small, we work to reduce our environmental footprint and promote global fair trade, all while delivering The Complete Breaktime Experience.®

- ★ **Beverages:** Customize your breakroom offerings with Fair Trade and Certified Organic coffee and tea that supports local grower communities
- ★ **Supplies:** Minimize landfill waste and environmental impact with paper products made from recycled content or renewable resources
- ★ **Equipment:** Utilize ARAMARK equipment that saves water and energy

To learn more about how we're making better choices for the earth, and for your breakroom, visit www.aramarkrefreshments.com and look for the Green Thread logo.



spotlight on...

Add Some Spark to Their Step!



Brighten the work day with a splash of color. Let Crystal Light On The Go Flavor Sticks satisfy those taste buds that are searching for something sweet, cool and refreshing. Your employees will love this new kind of flavor in a fruit flavored beverage. At just 5 calories per serving* and sugar free, why not try them all!

Water's new sidekicks...

- ★ **Raspberry Green Tea:** Delightful raspberry flavored refreshment with natural green tea antioxidants, and vitamins A, C and E. Why wouldn't you add it to your water?
- ★ **Cherry Pomegranate:** Pomegranate flavor with a perk. It has a sweet, delicious taste with a source of important nutrients—vitamins A, C and E.
- ★ **Energy Wild Strawberry:** The oomph your beverage has been looking for! Get your caffeine and vitamins for an energy boost (B vitamins help release energy from food).

Just add your favorite flavor of On the Go Vitamin Enhanced Drink Mix to 20 oz. of AquaMark®LX filtered water and really feel that spark in your step! Ask your Refreshment Specialist about providing this powerful refreshment combination in your workplace.

*When added to 20 fl. oz. of water.

ARAMARK and Seattle's Best Coffee® are Serving the Best—On Ice!

With Seattle's Best® Iced Coffee, you can transform your breakroom into a refreshing, café-style destination. In just a few simple steps, you can provide your employees with a premium, iced alternative that's perfect for summer and a great afternoon pick-me-up. It's chilled, signature smooth flavor is a perfect way to show your company values its employees.

And it's easy!

- ★ Simply brew two pre-measured 2 oz. portion packs of Seattle's Best Blend coffee
- ★ Clearly mark the airpot as "Seattle's Best Iced Coffee"
- ★ Fill a cup with ice, top it off with coffee and add your favorite ingredients
- ★ Enjoy!

For more information on how you can start serving this "cool" new drink in your workplace, contact your Refreshment Specialist today.



around the cooler

★ Coffee is consumed at the rate of 1.4 billion cups per day.

in brief...

ARAMARK Can Make Your Breakroom a Destination

These days, it seems like there is a coffeeshop on every corner, luring your employees away from the workplace with their unique atmosphere and array of specialty drinks. How can you keep them at work, satisfied and productive? ARAMARK has the answer:

By turning your breakroom into a coffeeshop-style destination, your employees will need to go no further than down the hallway for the ambience and refreshment they crave. Single cup coffee systems brewing premium Starbucks®, Green Mountain Coffee Roasters® and FLAVIA® are sure to satisfy their coffee cravings. And, our Perkz—You deserve it!™ breakroom enhancements can help create an atmosphere reminiscent of that corner coffeehouse.

To learn more about how ARAMARK can enhance your breakroom, ask your local Refreshment Specialist.



★ About 80% of what Americans throw away is recyclable, yet our recycling rate is only 28%.

★ Tea is a dietary source of important vitamins and minerals such as carotene, a precursor to vitamin A; vitamins B1, B2 and B6; ascorbic acid (vitamin C); folic acid, manganese, potassium and fluoride.

★ Keep your car windows closed when traveling at highway speeds. Open windows cause air drag, reducing gas mileage by 10%.

health & fitness

Refresh and Recharge Your Employees with AquaMark®LX

Feeling a little mid-day slump? Drinking water just might be the cure! Mild dehydration is a common cause of daytime fatigue and dulled critical thinking. By staying hydrated, your employees can stay alert and energized throughout the day.

Exclusively from ARAMARK, AquaMark®LX is clean, refreshing, quality water that's also good for the environment.

- ★ Our exclusive carbon-based filter reduces lead, chemicals, sediments and cysts, plus a powerful UV light sanitizes and maintains the quality of the water until you drink it
- ★ Eliminates hard-to-recycle jugs because it's plumbed into your existing water supply
- ★ No hassle, no heavy lifting and no delivery trucks burning fuel
- ★ An unlimited supply of filtered water for just pennies a day

Visit www.aquamarklx.com for more information.



Service in a class by itself.

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